EXHIBIT 7

Manage your child's screen time

When you create a Google Account for your child with Family Link, you can set screen time limits on their Android device or Chromebook. You can set your child's Android device or Chromebook to lock after they've used it for a certain amount of time or when you think they need downtime.

Important: System apps can't have app limits placed on them. You can set limits for Android 7 and up devices.

How screen time limits work

Important: You can only change the clock on a child's device when you disable screen time limits.

When you set a limit for your child's screen time on their Android device or Chromebook, they'll get a notification when:

- Screen time is set for the first time (Android devices only).
- Their device is about to be locked.

When the device is locked, your child:

- Can't see notifications.
- Can't unlock the device or use any apps - except for apps designated as Always allowed apps when you have Always allowed apps enabled.
- Can answer phone calls, and tap **Emergency** to make a call if the device has a calling plan (Android phones only).

Tip: Time limits will apply to apps installed on all of your child's Android and ChromeOS devices.

Set screen time limits

To go to the child's account settings that you last visited in the Family Link app, tap the button below:

> Change daily limits
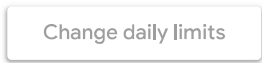
Set up daily time limits for the first time

1. Open the Family Link app 🔷.
2. Select your child.
3. At the bottom center, tap Controls ⚙.
4. Under "Daily limit," tap **Set up**.
5. Select the hours and minutes you want to set for the limit.

Change today's limit with a parent's device

1. On your device, open Family Link 🔷.
2. Select your child.
3. At the bottom center, tap Controls ⚙.
4. Under "Daily limit," tap **Change for today**.
5. Select the hours and minutes you want to set for the limit.
   - You can also turn the limit off.
6. Tap **Done**.

Edit the weekly limit schedule with a parent's device

1. On your device, open Family Link 🔷.
2. Select your child.
3. At the bottom center, tap Controls 🎛.
4. Under "Daily limit," tap **Edit weekly schedule**.
5. Select the days you want to limit screen time.
   - You can also turn the weekly schedule off.

6. Tap **Done**.

Tip: You can edit the weekly schedule and change the limit on any selected day. Click **also apply to** to apply the time limit to either "all days" or Monday to Friday.

Set a daily time limit with your child's device

1. On your child's device, open Settings ⚙.
   - On Android versions 8.1 (O) and later, tap **Digital Wellbeing & parental controls**.
   - On other Android versions, tap **Google** › **Parental controls**.
2. To view the current settings, tap **Daily limit**.
3. To edit Daily limit settings, sign in or use your Parent Access Code to verify that you're a parent.

Tip: Daily limits apply to each Android device or Chromebook your child uses. For example, if you set a daily limit of 2 hours, your child would get 2 hours of time on each device.

Set downtime

To go to the child's account settings that you last visited in the Family Link app, tap the button below:
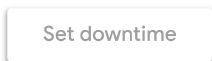
Set downtime

Set up downtime for the first time

1. Open the Family Link app 🔷.
2. Select your child.
3. At the bottom center, tap Controls 🎛.
4. Under "Downtime," tap **Set up**.
5. Select the hours and minutes you want to set for the limit.

Change downtime for today

1. Open the Family Link app 🔷.
2. Select your child.
3. At the bottom center, tap Controls 🎛.
4. Under "Downtime," tap **Change for today**.
5. Select the days you want to set downtime for.

Edit weekly downtime schedule

1. Open the Family Link app 🔷.
2. Select your child.
3. At the bottom center, tap Controls 🎛.
4. Under "Downtime," tap **Edit weekly schedule**.
5. Select the days you want to set downtime for.

With your child's device

1. On your child's device, open Settings ⚙.
   - On Android versions 8.1 (O) and up, tap **Digital Wellbeing & parental controls**.
   - On other Android versions, tap **Google** › **Parental controls**.

2. To view the current settings, tap **Downtime**.
3. To edit Downtime settings, sign in or use your Parent Access Code to verify that you're a parent.

Limit your child's screen time for apps

Select your Always allowed apps

Edit your Always allowed apps

Update or turn off screen time limits

Lock or unlock your child's Android device or Chromebook

Give your child bonus time

Change time limits for apps your child uses

Disable screen time limits